

Interest to be partner within: call 'Non-communicable diseases risk reduction in adolescence and youth (Global Alliance for Chronic Diseases - GACD) - TOPIC ID: HORIZON-HLTH-2022-DISEASE-07-03'

HOGENT: project partner information

Key terms: cultural adaptation – prevention – training – implementation – life skills

EU-Dap Faculty was established at HOGENT for the cultural adaptation and implementation coordination of the evidence based prevention program 'Unplugged'.

Unplugged consists of 12 lessons using a comprehensive social influence approach towards alcohol- and drug prevention. Unplugged works on determinants of attitudes, social norms and misperceptions and a wide arrange of life skills to prevent the onset and continued use of tobacco, alcohol and other drugs. The lessons are delivered by the teacher in the classroom. The target groups are adolescents between the age of 12-14 years.

Unplugged has shown **effectiveness** in several robust research trials and it has proven to be culturally adaptive. In the European trial it showed effectiveness in countries as diverse as Germany, Greece, Czech Republic or Belgium. In a Nigerian trial, the reduction was even higher and it also proved suitable for low income countries. Reduction rates up to 30% comparing with controls, were measured before and stated as good results for a universal prevention program. EMCDDA Xchange registry lists the program as 'Beneficial'.

Training is identified as an important implementation factor. Eu-Dap faculty works with a network of qualified and certified international master trainers. They deliver standardized workshops to teachers and train trainers at national/regional level for the sustainability and wider dissemination of the program. HOGENT also coordinates the **cultural adaptation** of the program. A solid understanding of the theoretical foundations of the program is needed to adapt wisely to new contexts.

In the wider EU-Dap network we work together with international organizations as EMCDDA, EUSPR and UNODC. And there is a solid relationship with other partners for research and effectiveness evaluation of the program. Successful past projects include Implementations in Pakistan, Peru, Chile, Nigeria, etc. Furthermore, Hogent staff has experience in other training models (EUPC, LineUp LiveUp) and several European and wider international projects.

EU-Dap faculty could contribute in the call '**Non-communicable diseases risk reduction in adolescence and youth (Global Alliance for Chronic Diseases - GACD) - TOPIC ID: HORIZON-HLTH-2022-DISEASE-07-03'** for the better uptake of evidence based preventive interventions. HOGENT can add to a complete community based approaches with this educational approach of 'comprehensive social influence model', training of trainers/implementers and cultural adaptation.

Further questions, please contact:

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